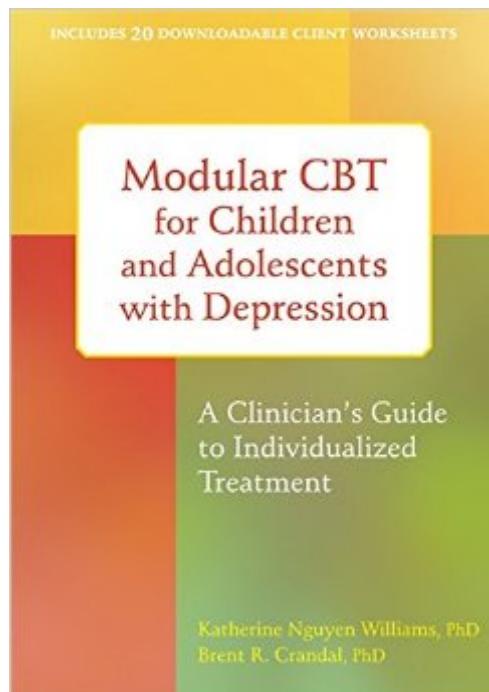


The book was found

Modular CBT For Children And Adolescents With Depression: A Clinician's Guide To Individualized Treatment



Synopsis

Treating adolescents with depression is challenging. This breakthrough book offers a new, cutting-edge treatment for children and teens with depression using a modular cognitive behavioral therapy (CBT) approach. Modular CBT for Depressed Children and Adolescents offers a user-friendly, step-by-step transdiagnostic approach to help you treat youths whose depression presents in diverse ways. This manual offers a compelling rationale for using modular cognitive behavioral therapy (CBT), a brief overview of the limitations in community mental health that led to the development of the modular approach, distinctions from standard CBT, and a review of the current research supporting the effectiveness of this treatment. Guided by innovative research and best practices, this book provides practical steps for creating a personalized treatment approach for each client that incorporates safety needs, symptoms presentation, etiology, cultural and spiritual background, and family factors. You will also find tools to create a pragmatic conceptualization that can be coupled with the specialized treatment interventions of modular CBT. If you are looking for a detailed, session-by-session treatment program that includes specific instructions on how to use the modular approach to meet the individualized needs of your clients, this book will be your guide.

Book Information

Paperback: 264 pages

Publisher: New Harbinger Publications; 1 edition (November 1, 2015)

Language: English

ISBN-10: 1626251177

ISBN-13: 978-1626251175

Product Dimensions: 6.9 x 0.7 x 9.9 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (1 customer review)

Best Sellers Rank: #565,154 in Books (See Top 100 in Books) #69 inÂ Books > Medical Books > Psychology > Movements > Cognitive Behavioral Therapy #745 inÂ Books > Health, Fitness & Dieting > Mental Health > Depression #1364 inÂ Books > Medical Books > Psychology > Child Psychology

Customer Reviews

This book is a game changer in utilizing CBT for Adolescents with Depression. The therapy modules are clear and easy to follow. Williams and Crandal provide a step-by-step easy to follow treatment plan that will aid even the most experienced clinician in treating children and adolescents

with depression. This is a MUST for all therapist!

[Download to continue reading...](#)

Modular CBT for Children and Adolescents with Depression: A Clinician's Guide to Individualized Treatment Depression Treatment Naturally & Depression Self Help: 21 Non-Medical Depression Cures To Stay Happy For Life (depression cure, postpartum depression, ... depression self help, depression free) CBT for Depression in Children and Adolescents: A Guide to Relapse Prevention Evidence-Based CBT for Anxiety and Depression in Children and Adolescents: A Competencies Based Approach How to Help Someone with Depression: 2nd Edition (Loved one with depression, anxiety disorder, bipolar, manic depression, depression, mood disorders, suicide, suicidal thoughts) Trauma-Focused CBT for Children and Adolescents: Treatment Applications Semiconductor Fundamentals Volume Modular (Modular series on solid state devices) Infants, Children, and Adolescents (Berk & Meyers, The Infants, Children, and Adolescents Series, 8th Edition) The Clinician's Guide to Pancreaticobiliary Disorders (The Clinician's Guide to GI Series) Group Work with Adolescents, Third Edition: Principles and Practice (Clinical Practice with Children, Adolescents, and Families) The Child Clinician's Report-Writing Handbook (Clinician's Toolbox) Postpartum Depression / Postnatal Depression: The Basic Guide to Treatment and Support Cognitive Behavioral Therapy (CBT): Easy Self Help Guide: Simple Steps To Conquer Anxiety, Depression, Phobias, Addictions, Negative Thoughts, Eating Disorders And Other Psychological Conditions Cognitive Behavioral Therapy : 10 Simple Guide To CBT For Overcoming Depression, Anxiety & Destructive Thoughts ACT for Adolescents: Treating Teens and Adolescents in Individual and Group Therapy Psychology: Hypnosis and Mind Control to Overcome Stress, Anxiety, Depression, & Finally Recover Your Happiness (Positive Thinking, Body Language, NLP, Mind Reading, CBT, Hypnosis Sex, Brainwashing) Cognitive Behavioral Therapy (CBT): 9 Powerful Techniques to Cure Negative Thoughts, Anxiety & Depression [**FREE GIFT** Instant Transformational Hypnotherapy Masterclass] What Works with Teens: A Professional's Guide to Engaging Authentically with Adolescents to Achieve Lasting Change Parent Management Training: Treatment for Oppositional, Aggressive, and Antisocial Behavior in Children and Adolescents Doing Dialectical Behavior Therapy: A Practical Guide (Guides to Individualized Evidence-Based Treatment)

[Dmca](#)